



Autumn Term Lunch Menu 2021

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 1st Nov	Beef Meatballs Whole Wheat Pasta Crusty bread	Salmon Fish Cake Wedges Salad	Tomato Pasta bake Salad Crusty Bread	Sausages x 2 Yorkshire Pud Cauliflower Cheese	Fish Fingers x2 Crispy Potatoes Baked Beans or peas and sweetcorn
22nd Nov	Quorn meatballs	Pizza and Wedges with Salad	-----	Quorn Sausages	Quorn Nuggets
13th Dec	Fresh Fruit Salad with yoghurt or cream	Jam Donut Muffin	Chocolate Cookie	Fruit Upside down cake Custard	Ice Cream Fruit Basket
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 8th Nov	Spaghetti Bolognaise Grated Cheese Crusty bread	Chicken goujons Wrap Cous Cous Salad	Tuna Pasta bake Salad Crusty Bread	Sausages and mash Vegetables Gravy	Beef Burger Oven chips Baked Beans or peas and sweetcorn
29th Nov	Quorn Mince	Quorn Nuggets	Macaroni Cheese	Quorn Sausages	-----
	Fresh Fruit Salad and Jelly	Blueberry Muffin	Oat Cookie	Fruit Strudel and Custard	Ice Cream Fruit Basket
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 15th Nov (note 19/11 school closed)	Lasagne Crusty bread Salad	Tomato Soup Cheese Twists/ Bread sticks	Macaroni Cheese Salad Crusty Bread	Cottage pie Vegetables Gravy	Sausages x 2 Oven Chips Baked Beans or peas and Sweetcorn
	Bean Bolognese	-----	-----	Quorn Mince	Quorn Sausages
6th Dec	Fruit salad with Yoghurt or cream	Chocolate Muffin	Smartie cookie	Fruit Crumble and custard	Ice Cream Fruit Basket

A basket of fresh fruit is available every day which children are able to choose from to go alongside their dessert. Individual yoghurts are also available every day, along with plain natural yoghurt should your child prefer.



Baked Potatoes

Oven baked potatoes are available each day, with grated cheese, baked beans or tuna mayo as choice of fillings (Maximum of 2 fillings). Served with cucumber sticks, sliced tomatoes, peppers and carrots.

Lunch Box

A filled roll is also available, with either cheese, ham, egg mayonnaise or tuna mayonnaise as choice of fillings (Maximum of 1 filling). Either on white or brown fresh rolls. There is also a piece of fresh fruit, a box of raisins and a yoghurt with a packet of crisps on a Friday. The lunchbox option comes with corresponding hot meal dessert. E.g. Should your child opt for a lunch box on a Thursday of week 3, they would be offered fruit crumble and custard for their dessert.

Cost

All meals are offered term time only, at a cost of £2.30 per meal. Currently, those children who are in Reception, Year One and Year Two are eligible to receive the meals free of charge (Universal Free School Meals). If you are in receipt of certain Benefits, you may be eligible for Free School Meals. If you are unsure whether your child or children qualify for Free School Meals, please contact the School Office for guidance.

Little Elms Nursery

For children who attend Little Elms Nursery, a reduced portion size of each **hot meal and dessert** is available at a cost of £1.80 per meal.

Ordering

All orders must please be in and paid for on the Wednesday morning before the required week please. To order please complete the Order Form and email it to:
thewoontongoodlife@hotmail.com

Payment Details

Please make payments to:

Account Name: The Woonton Goodlife
Account Number: 45914562
Sort Code: 30-98-97

THANK YOU